





Dr. Dimple Desai is the founder of Luminous Smiles of Newport Beach, a boutique dental practice dedicated to enhancing patients' smiles.

As an Accredited Member of the American Academy of Cosmetic Dentistry, she belongs to a distinguished group of professionals worldwide. Dr. Desai has been honored as a top dentist in Orange County for the past five years and was recognized as one of the Top 40 Dentists under 40 in the nation.

Her contributions to dentistry include publications in prestigious dental journals and international speaking engagements, leveraging her expertise to advance the field. A graduate of the Kois Institute, Dr. Desai holds degrees in Dental Hygiene and Dental Surgery from the University of Southern California.



"Honestly one of the more interesting composite bonding lectures I have listened to"

"Excellent presentation: I was on faculty at a dental school for multiple years and have presented multiple lectures at state and national meetings. I know excellent when I see it. THANK YOU!!!"

Education

COLLEGE University of Southern California: 2002 Bachelors Degree in Dental Hygiene

## HIGHER EDUCATION

University of Southern California: 2008 Doctorate Degree in Dental Surgery

Memberships/Affiliations

- Accredited Member of the American Academy of Cosmetic Dentistry
- Adjunct Clinical Professor at USC 2018-2020
- Omicron Kappa Upsilon Member
- Advisory Board Member for the West Coast Seattle Study Club Chapter

tonors and Achievements

- Top 40 Dentists Under 40 Award
- Top Dentist in Orange County
  2020, 2021, 2022, 2023, 2024

- Voted by Peers





"She was a wonderful speaker, friendly knowledgeable"

"It was in depth and would definitely apply it to my clinical practice"





# **PUBLICATIONS**

D



Inside

finica ife Sine

nside Inside

#### Prepless Veneers for Fractured and Worn Maxillary Teeth



A

.

Replacing 30-Year-Old Veneers to Improve Smile Esthetics











2





0

Deal With Challenges of Esthetic Rehabilitation and the Senior Patient A



 Patient wanted a nijoren
 unde that koled natural
 with heightened esthetics.
 2-3. One-up photos meal
 peniess deript feadment
 but model in a pathwork
 of tools houses and houses Natural and Dacheme amle photo with Nath Facto Reference Glasses menaled no gingled display.
 Photo of the patient's lay at real menaled the right carine was sol. of alignment 6-6. Retracted view of her primary concerns, which were the color and phage of herbit F7 and F10 as well as the black triangle between herbit HE and F2



200

0

( onggeg

"She explained bonding techniques very detailed, and answered questions clearly."

## QUICK ENHAINCEILLE WITH COMPOSITE BONDING Bonding techniques QUICK ENHANCEMENTS

Option to include a Live Demo

#### Half day

Often times, after clear aligner therapy, the patient is left dissatisfied with the worn and chipped incisal edges of the upper anterior teeth once their teeth are in the correct functional position.

A conservative, enamel preserving and methodical method of composite bonding can result in excellent esthetic results. I will show cases of worn incisal edges post clear aligner therapy and clinical tips on how to perform composite bonding in a step by step approach. The techniques will help the clinician with composite shade selection and bonding protocols. Lastly, shaping, contouring and polishing the composite will be demonstrated.

- 1. Review bonding protocols
- 2. Learn indications for incisal enhancement composite bonding
- 3. Learn to Choose the correct composite shade when performing incisal enhancement procedures
- 4. Learn to prepare bonding on anterior teeth
- 5. Demonstrate contouring and polishing techniques



( onggeg

"Thanks for reminding me what can be done with direct restorations"

## ESTHETIC AND FUNCTIONAL BONDING Minima to Maximum

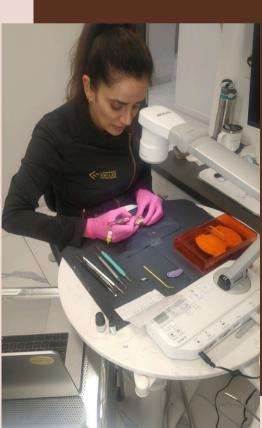
#### Full Day Hands on or Live Demo

Patients come into our office with misaligned, chipped or discolored teeth. However, due to social media, patients are more fearful of "drilling" on their teeth. Therefore, they become very apprehensive to treatment.

It is crucial to educate and communicate to our patients and use a more conservative approach to enhancing their smile. Step one is aligning the teeth into the correct position in order to have long term results with composite bonding.

Step two is assessing where and how much is needed to enhance the newly positioned teeth to create a more esthetic result. Composite bonding can be as minimal as an incisal chip to transforming teeth with composite veneers

- Discuss how the alignment and occlusion affect final esthetic outcomes and longevity of a restoration
- 2. Learn how to match composite shades to the existing teeth
- 3. Learn the indications for minimal bonding vs maximum bonding
- 4. Review the preparations for minimal vs maximum bonding
- 5. Review post composite bonding instructions



pulles

"She is a true artist and she has definitely crafted her skill. Very interesting to watch."

SETTING UP FOR SUCCESS Pre Restorative Orthodontics for Minimal Prep to Maximum Results

#### Full Day

With the use of the latest digital tools, materials, and techniques, it is possible for Dentists to help a significant number of patients achieve their stated goals of improving their smiles using minimally invasive treatments with ceramic veneers. Cosmetic treatment in the anterior region often involves the placement of porcelain veneers using conventional approaches that remove healthy tooth structure in order to achieve highly esthetic outcomes. Although conventional approaches to porcelain veneer treatment are still prescribed for the majority of the patients who receive cosmetic care, improvements in restorative materials and the development of conservative techniques allow clinicians to deliver highly esthetic outcomes using minimally invasive or nopreparation veneers in cases in which clear aligner therapy is used to correct a deep bite and straighten misaligned teeth. esthetics can be successfully achieved with conservative

techniques in cases involving underlying factors such as Class I deep bite malocclusion with proper case selection and occlusal management.

- 1. Discuss how to correctly align occlusion and set up for minimal preparation ceramics
- 2. Learn how to communicate with the ceramist for high esthetic results
- 3. Learn how to document and photograph pre preparation and preparation images
- 4. Learn how to create a simple checklist for you and your assistant to follow
- 5. Understand how to take final post cementation images to share on social media



"Quite an artist in dentistry"

ongses

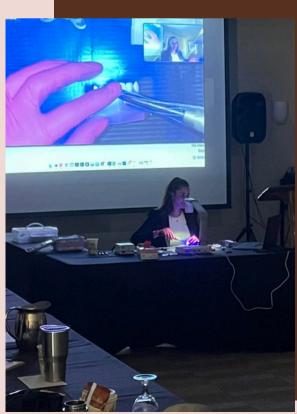
## **BEGIN WITH THE END IN MIND**

Planning & Executing Esthetic Direct & Indirect Cases

#### Full Day

Starting with a clear vision for esthetic cases allows for the seamless development and execution of a treatment plan. Esthetic tooth wear, whether caused by functional or chemical factors, can be addressed through clear aligner therapy or by tackling the underlying chemical issue. Success in planning esthetics relies on choosing restorations that ensure long-term success. Photography is crucial for effective communication with ceramists in indirect restorations and plays a vital role in evaluating direct composite cases and aiding in shade selection. Team members contribute to the communication process. Completing a checklist brings the esthetic vision of your patient's teeth to reality.

- 1. Develop and understand the importance of having a clear vision for esthetic cases
- 2. Identify and address causes of esthetic wear on teeth
- 3. Correct esthetic issues with clear aligner therapy or chemical factor resolution
- 4. Select restorations for long-term esthetic success
- 5. Utilize photography in communication and evaluation for effective esthetic planning
- 6. Engage team members in the communication process for collaborative esthetic planning



( onggeg

## **PRECISION RESTORATIONS:**

Aftands-on Workshop for Posterior Composite Ary

Option to include a Live Demo Half Day or Full Day

This hands-on workshop is designed to enhance your skills in posterior fillings. Participants will gain practical experience with advanced posterior matrix systems for restoring posterior Class II fillings focusing on achieving optimal contacts and occlusion. The course will cover material selection, layering methods and ensuring natural looking restorations.

- 1. Acquire hands on skills for precise posterior composite fillings and achieving optimal contacts.
- 2. Understand key concepts of posterior composite restorations including systematic start to finish steps from planning to final polishing.
- 3. Learn effective material selection and application techniques for anterior and posterior restorations.



## TO SCHEDULE:



## LAUREL HOBERG

EMAIL EMAIL

PHONE

laurel.hoberg@rarebirdspeakers.com

630.303.0247

Dr. Dimple Desai DDS, AAAD

**EMAIL** drdesai@luminoussmiles.com



MOBILE 323-251-6423

**O** INSTAGRAM @luminous smiles